





PG.04DR. NAVJOT KAUR

Mother - A Divine Blessing: Celebrating the Eternal Bond of Love and Sacrifice.





PG.09 SRIYADEVI SWAIN Life of a Lady teacher is as it is challenging too.



PG. 14 DR. KAVITA PITALE (BHAKTI)

Empowering lives with Mindfulness and Emotional Intelligence with Holistic Coaching and Empowerment.



PG. 10 PRIYANKA **FRANKY FERANDES** A life dedicated to learning teaching, and inspiring others.



PG. 16 RIDHIMA AND SMOYA

Inside the world of Wedding Planning, Crafting dream weddings passion and precision.



PG. 12 SAROJ GUPTA From Villages to venues, Saroj Gupta rise as a professional makeup artist.

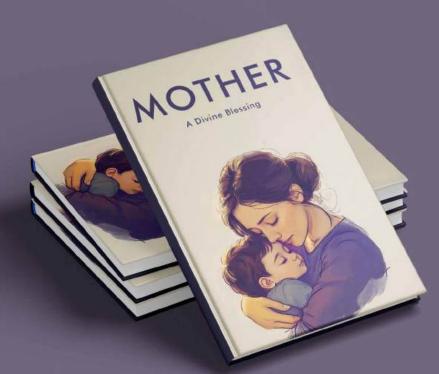


PG. 18 DEBASMITA SINHA The Power of Dreams,

Debasmita Sinha's Achievements across multiple fields.



MOTHER — A DIVINE BLESSING: CELEBRATING THE ETERNAL BOND OF LOVE AND SACRIFICE



other – A Divine Blessing" is a heartfelt compilation of short stories and poems from 75 co-authors, each sharing their unique life experiences. The aim of this anthology is to encapsulate the timeless wisdom, love and irreplaceable presence of mothers, to be shared and cherished universally. This book is a profound tribute to all the mothers who tirelessly devote themselves to their children, quietly working behind the scenes and offering their silent prayers.







+ DR. NAVJOT KAUR









→ RAMANJOT ARORA

HIMANI VERMA +





+ NITI SHARMA

ONICA +





+ PALAKJOT KAUR SEKHON



DR. ANUPAMA AGGARWAL +



+ AYUSHI AGGARWAL



PRIYANKA SADIOURA +



+ SIMRANJEET KAUR



SANJU DHALLA +



→ DVI SIDHU



RITVIJA +





Motherhood is about Love - A Love that deepens over time transcending all the challenges and creating an unbreakable bond that lasts a lifetime. ~ Rita Romana



ARTIST'S ATELIER -













The artist of this anthology, through their breathtaking paintings, has beautifully captured the essence of motherhood's love and divinity. Their work adds soul and vibrancy, making the book's message even more heartfelt and profoundly artistic. The book encapsulates the essence of motherhood with unparalleled grace and evocative beauty.



LIFE OF A LADY TEACHER IS AS EXCITING AS IT IS CHALLENGING TOO

Sriyadevi Swain
 (Assistant Teacher, Rambha Govt. high school, ganjam, odisha)



Teaching is not just my profession but a calling to positively impact my students' lives. Despite the challenges, their strength and determination inspire me to give my best every day. The success I've achieved is a reflection of their growth and the belief that every effort counts in shaping a better future.



The smiles of my students
make all my worries vanish,
reminding me that teaching
is a responsibility, not just a
iob.

s a lady teacher it is most important to be a part of students' life, to make their hopes and dreams come true and to keep alive their desires. When I started my career as a teacher at the age of 22 in famous govt high school in my locality, I had a big challenge that how could I make myself established as a good teacher. Students from different social, economical and cultural background come to learn in this school which is consisting of more than 400 students. So it is very difficult task to bind them in a single thread. I accepted this challenge and became successful too upto some extent. There was another challenge for

me that I was a lady teacher. For some times it was unbearable for me to handle all the household work, taking care of my in-laws, taking care of my son and along with performing the school work. Still my all worries get vanished by seeing the smiling face of the students in the school. Many of my students do not get two times food a day yet. I feel my pain very less as compared to them When I see their pain. I have come to teachership with a service mindset and not as a profession. I think that I am a craftsman in this man making factory. So if the craftsman becomes little negligent, the future of the nation will be destroyed. Today whatever success I have all those credit goes to my students.



A Life Dedicated to Learning, Teaching, and Inspiring **Others** ~ Priyanka Franky Fernandes

A journey of resilience and transformation, showcasing how passion, perseverance, and support from loved ones can turn challenges into milestones, blending careers in hospitality, teaching, and influencing to inspire and uplift others.



You'll never change your life until you change the habits you do daily. Step out of your comfort zone to turn your dreams into reality.

am Priyanka Franky Fernandes, born in the fog city of Igatpuri and raised in Mumbai, Kalyan, Maharashtra. I am proud to be the daughter of Mr. Nandkumar Namdeo Jaatap and Mrs. Meena Nandkumar Jagtap. My life is enriched by the constant support of my husband, Franky Sebastian Fernandes, and my two siblings—Mrs. Pooja Gaurav Ingale and my brother, Snehal Nandkumar Jagtap. I am blessed with two wonderful children: my 9-year-old son Adrian and my 2.5-year-old daughter Kaira. Their love and support have been pivotal in shaping who I am today, and I am forever grateful to each of them.

Early Journey / Career Journey -

I completed my education at B.K. Birla College of Arts, Science, and Commerce (Autonomous) in Kalyan. In 2015-16, after my second year of BMS, I decided to take a break from studies to focus on my career. Although my professors encouraged me to complete my degree, I postponed my studies to build my professional foundation. Over the years, I worked in various roles in the hospitality industry, including as a reservation executive, restaurant hostess, cabin crew, and restaurant manager.



6 6 ASSOCIATE YOURSELF WITH PEOPLE WHO UPLIFT AND INSPIRE YOU: GROWTH BEGINS WITH THE COMPANY YOU KEEP.

Transformation of Career -

In 2016, I made a significant career shift from the hospitality industry to education. This transition was driven by my passion for teaching and nurturing young minds. I pursued several diplomas, including a Diploma in Aviation Hospitality and Travel Management, an ECCED (Early Childhood Care and Education) diploma, and Montessori teacher training from the DMI Teaching Institute in Bahrain. These qualifications laid the foundation for a fulfilling career in teaching, both in Oman, Bahrain and in India.

Journey as an Influencer -

My journey as an influencer began unexpectedly when a jewelry page reached out to me for a promotion after I posted humorous content on Instagram. This moment opened a new door, allowing me to combine my creativity and humor to engage with a larger audience. As I shared content related to fashion, lifestyle, and personal growth, my role as an influencer grew, blending my love for teaching with a new platform for impact. This transition allowed me to inspire and connect with people beyond the classroom.

Achievements So Far -

In 2024, my efforts were recognized with multiple awards. I was honored as the "Rising Woman Influencer" by MTTV and named "Creative Women Influencer" by Femme Times Magazine. Bharat Good Times India also awarded me a Certificate of Excellence as a teacher and influencer. These accolades affirm my dedication to influencing, teaching, and positively impacting others.



Hurdles in the Journey -

The journey was not without challenges. My decision to pause my education mid-way was difficult, as I had to set aside personal aspirations to focus on building a career. Returning to complete my degree after a 9-year gap required determination and commitment. With the support of my professors and family, I was able to fulfill my promise to myself and my mentors, overcoming this significant hurdle with resilience.

Message for Readers -

Surround yourself with people who inspire and uplift you. Remember, you will not change your life until you change the daily habits that shape it. Step out of your comfort zone if you want to make your dreams a reality. Embrace change, challenge yourself, and never underestimate the power of consistency and dedication.



From Villages to Venues: Saroj Gupta's Rise as a Professional Makeup Artist Saroi Gupta (Makeup Artist & Social Worker)



Q. Mrs. Saroj Gupta apne baare mein hmare readers ko bataiye.

Mein Saroj Gupta Jaunpur UP mein rehti hu. Mein Beautician hu 20 saal ka experience hai.

Q. As a makeup artist, what inspired you to pursue this profession?

Kyunki M ek village area rehti hu yahan k logo ko Makeup karane k liye 40 km door Banaras Jaunpur Jana padta tha. isliye mujhey laga makeup artist Banu aur is field me mujhey success mile aur logo sawar saku.

Q. kya aapne kisi trike ki kathinaiyon ka samna kiya apne journey mein?

Hamara gaon in interior hai ki logo ka manna tha ki yahan ke logo kheti kisaani karege ki makeup. Logo ne bahut demotivate kiya lekin mein apne iraade pr dati rahi.

Q. Apka daily routine sajaha kijiye kis trike se aap apne din ko bnati hai?

Mein Ek Home maker Hu Beautician hu Skin expert Makeup artist hu. Pariwaar ke sath m apne kaam ko bhi sath lekar chalti hu.





Q. Aap social work bhi krti hai uske baare mein bhi bataiye ki kis trike se aap societv ko sath leke chlti hai?

Jii mein bata chahungi jaise Mera 8 month kaam karti hu season chalta hai, lekin jo off season rehta hai usme m Bahut saari ladkiyon ko Free classes deti hu jisse wo Aatmnirbhar ho sake aur hunar Sikh sake. Aur Shikchit berozgar ko rozgaar mil sake.

Q. koi asi personality jo apko bhut prerna deti ho?

Ji haan, **Savitri Bai Phule** hamesha se meri zindagi mein ek prerna ka strot rahi hain. Unki nishkaam seva aur manavta ke prati samarpan mujhe dusron ki zindagi mein sudhar laney ke liye prerit karta

Q. Aap free mein bhi makeup sikhati hai jabki aajkl sabhi makeup artist bhut

charge lete hai toh uske bare mein kya khna chahenge ?

Mein Atulya Welfare Society ki Member hu isliye apne society ka samman badhane k liye aur sath dene k liye mein free class deti hu kyunki hamara Atulya Welfare Society ka prayash hai ki hum samaaj ko aage badhaye aur logo ko Aatmnirbhar bana sake.

Q. pki journey mein apka sabse dil ke karib kya achievement rha hai?

Mujhey Lucknow Delhi Ludhiana Banaras ke logo se samman mila mere kaam ko lekar kahi digga celebrity ke hathon se mujhey Best Professional Makeup Artist ka Award Mila aur Mein yahi nai ruki maine kai Stage performance bhi kiya jo mere liye aasaan nai tha lekin Meri MEHENAT kamyaab Hui kyunki

MEHENAT HAMESHA RANG LAATI HAI



Empowering Lives with Mindfulness and Emotional Intelligence with Holistic Coaching and Empowerment

~ Dr. Kavita Pitale (Bhakti) (Doctorate in Neurolinauistic programming and Emotional Intelligence)

Q. Please Brief us about you to our readers.

I'm Kavita Pitale. Doctorate in Neurolinauistic programming and Emotional Intelligence with 2 decades of experience in HRDM -Especially in Learning and development. I'm also an ardent writer, poet and actor, director and artistic person as believe to live life queen style in King-size. I'm Practice Vedanta philosophy with blend of western culture in my training and coaching programs to have better and holistic perspective and empower human life in true sense.

I work for women empowerment and youth development as women is universe in herself and youths are pillars and foundation of any nation and hence if these segments of any economy are stable and arounded mentally, psychologically, physically, emotionally in every act and deed we shall have better ecosystem.

I have won may accolades and awards nationally and internationally doing so and feel proud to contribute in



Dr. Kavita Pitale's holistic approach to life coaching, blending mindfulness, spirituality, and emotional intelliaence, has transformed countless lives. Her dedication to women empowerment, youth development, and creating a balanced ecosystem showcases her commitment to a better, more compassionate world.

making Bharat Saksham vikaasit Bharat in true sense in my small way I was privileged to be appointed as coach for Govt of Rajasthan, Income tax dept of India, Central Railway, Indian army, navy personnel's and .Recently awarded as best young motivational life coach by govt. of Maharashtra, and best motivational key note speaker by Global skill development council of USA & Singapore too.

Q. What inspired you to become a wellness and life coach?

Life on personal and professional front had gone through lot of turbulences and been a roller coaster ride and in this phase what helped to be stable, grounded and still be phoenix and have resilience are the lessons I

have learnt from my parents, gurus' teachers which made strong believer to give back what I have and that's only knowledge and wisdom gathered till now in some or other form. Whenever . I have shared some tips, hacks, techniques or ever simplest of suggestions with my near-dear ones it has always shown excellent bewitching results in their personal and professional life which gave me impetus that I can sculpt, mold peoples life with my words and it is rightly said #Words can change Worlds. And I believe if you want a positive change in ecosystem either you make a change , be the change or accept the changing scenarios I chose to be and make a change.



Q. What's your approach to life coaching, and how do you help your clients achieve their personal and professional goals?

In life coaching I prefer the holistic-mindfulness approach and do discovery call for free to understand what is the prima-need of my coaches , does he/she really require coaching, mentoring or training support. All cannot have same methodological approach hence, their personality, emotional, psychological patterns (the phase they are in, gone through and want to reach) are considered and then a customized module is made for them to have best results and in this journey I walk through them in process as support pillar with practical thesis, principles and activities to be followed.

The services are always one on one basis and reports are made for references both for my clients and myself to understand the journey travelled in the process.

Q. How do you think people can overcome self-doubt and build confidence, and what strategies do you recommend for developing a growth mindset?

Self-care-self-love is most important aspect that one should cherish and practice in this busy competitive worldly lifestyle as I always tell in my session if you are fit and fine you can take care of all around.

Confidence is in-built in

everyone only we need to think if we want happy satisfied and successful lifestyle we can't be dependent on other and hence we need to use our confidence the energy boost like the eagle who flies above the stormy clouds and plucks the feather, break its own beak though it is a painful process as the eagle is aware if it confidently does it will be able to have 30 more years and rule the blue sky again and its own. So, we need to be confident of what we want and take necessary steps on the same accordingly to achieve it in every aspect with strong believe that you can do it as you are born warrior to win all battles of life successfully with smile and



Every challenge you face is an opportunity to grow stronger and wiser. Trust in your abilities, embrace the journey, and remember that resilience and determination will always lead you to greatness.

Q. How do you blend mindfulness and spirituality into your coaching?

Mindfulness is art that teaches to keep yourself in present and spirituality is tool that helps you to do. so It does blends together and make a strona base of human life to achieve the set goals and have the soothing pathway without getting carried away of past instance and worried about about future as both are baseless without being in present moment. I conduct sound -Mind healing activities, Brainstorming activity through storytelling and visualization techniques, chakra and aura healina and corrections, signature analysis with scientific mechanism blended with spirituality and using in present moment keeps one in mindful state rather than mind being full with unwanted stuff of life.

Q. How can people reach you or learn about your coaching?

They can reach me on my LinkedIn profile which is:https://www.linkedin/in/drk avitapitale or reach out on Kavita.zion@gmail.com or send a message on my WhatsApp no. 9819464056 So, we need to be confident of what we want and take necessary steps on the same accordingly to achieve it in every aspect with strong believe that you can do it as you are born warrior to win all battles of life successfully with smile and courage.



INSIDE THE WORLD OF WEDDING PLANNING: CRAFTING DREAM WEDDINGS WITH PASSION AND PRECISION

~ Ridhima and Somya (Founders- Riso) (Event Planning & Design)

■ Stress-Free Weddings: How **Professional Planners** Make It Happen

Q. Can you tell us about your wedding planning company and its vision?

Our company specializes in creating personalized and stress-free wedding experiences. Our vision is to ensure each couple's dream day becomes a reality while reflecting their personalities and culture.

Q. What inspired you to start a wedding planning business?

I've always loved organizing events and seeing people happy. After planning weddings for friends and family, I realized this was my passion, so I turned it into a career.

Q. What sets your wedding planning company apart from others?

We focus on tailor-made experiences and emphasize strong communication. From budget-friendly weddings to luxury events, we ensure attention to every detail.

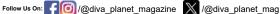














CLIENT-CENTRIC APPROACH: ENSURING A SEAMLESS WEDDING EXPERIENCE -

Q. How do you help clients identify their vision for the wedding day?

We start with a consultation to understand their style, preferences, and priorities. Mood boards, sample designs, and venue visits also help narrow their vision.

Q. What types of services do you offer?

We offer full-service planning, partial planning, day-of coordination, and customizable packages. Services include venue selection, décor, vendor management, guest management, and more.

Q. How do you manage a wedding budget and keep costs under control?

We help couples allocate funds to high-priority areas and find cost-effective solutions. Our strong vendor relationships allow us to secure competitive prices.

LOGISTICS & CHALLENGES -

Q. What's the most challenging part of planning a wedding, and how do you handle it?

Coordinating multiple vendors and managing unexpected changes can be challenging. We always prepare backup plans to ensure smooth execution.

Q. How do you handle last-minute changes or emergencies on the wedding day?

We have an experienced team and maintain an emergency toolkit. We're quick problem-solvers and always keep the couple stress-free.

Q. How do you stay organized while managing multiple weddings at once?

We use planning software and detailed timelines for each wedding. We ensure clear communication with clients and vendors.



CREATIVE VISION & TRENDS -

Q. How do you stay updated with current wedding trends?

We attend bridal fairs, follow top planners, and constantly research design trends across the globe.

Q. How do you incorporate cultural or personal elements into a wedding?

We focus on the couple's story, traditions, and values to integrate meaningful details—from décor to ceremonies.

Q. Can you describe a wedding theme or project you're particularly proud of?

We once planned a rustic outdoor wedding with minimalistic elegance, transforming a barn into a stunning venue with local, seasonal flowers.

FUTURE GOALS -

Q. What are your goals for your wedding planning company over the next 5 years?

We aim to expand into destination weddings, create signature luxury experiences, and establish ourselves as a leading name in the industry.

Q. How do you measure success for each wedding?

Success is measured by the smiles, joy, and heartfelt appreciation from our couples and their families.



THE POWER OF DREAMS, **DEBASMITA SINHA'S ACHIEVEMENTS ACROSS MULTIPLE FIELDS**

~ Debasmita Sinha (Model)

At just 19, Debasmita Sinha from Tripura has excelled in dance, modeling, singing, and public speaking while balancing her Computer Technology studies with a remarkable SGPA of 9.4. A winner of multiple beauty titles, dance competitions, and academic awards, she is also a brand ambassador for the Stree Mission. Despite personal loss and societal challenges, Debasmita's resilience and dedication exemplify that talent knows no limits. With unwavering support from her mother, she continues to inspire others, proving that with passion and perseverance, the sky's the limit.

Debasmita Sinha's journey is one of passion, talent, and perseverance. At 19, this talented young woman from Tripura has excelled in dance, modeling and other creative things, overcoming challenges and societal expectations. Raised in a family that valued education, she was an exceptional student from an early age. Alongside academics, Debasmita cultivated her love for dance, which began at age five. Her passion soon bore fruit, winning contests like the P&B Dance Competition, Bishnupriya Manipuri Talent Hunt, Kala Utsav etc.

Debasmita's dance achievements extended to television, performing on DD Northeast at the Guwahati Doordarshan Center & other television programs. She appeared on the prestigious dance reality show "Mera Dance Meri Virasat" on &TV. Now she is pursuing Alankar in Kathak, a higher qualification beyond Visharad, demonstrating her commitment to dance.



In 2020, Debasmita ventured into modeling, encouraged by a well-wisher. Despite being new to the field, she won Miss North East Beauty Queen 2020. Her modeling career skyrocketed, earning her titles such as Miss Teen Virtual Queen, Miss Fashion Star, Miss Teen India Universe and more. Debasmita also became a jury member at various pageants and is preparing for her debut at the Northeast International Fashion Week. She currently serves as the brand ambassador for Stree Mission, a women's empowerment initiative.



Academic Excellence and Creative Passion -

Her artistic talents are equally matched by her musical achievements, holding a Visharad in Hindustani classical singing and winning the Young Artist category in the Sangeet Ka Maharan competition. Additionally, Debasmita's flair for public speaking has won her accolades, including first place in a national-level speech competition on Independence Day 2022 and second place in a Science Slogan Competition.

Debasmita is a Computer Technology student at Assam Down Town University, balancing her studies with numerous artistic pursuits. Despite her packed schedule, she maintains an impressive SGPA of 9.4. "People often ask how I manage everything," she says, smiling. "With enough willpower, you can achieve anything." She believes passion makes time for itself, integrating seamlessly into life. Her dedication has earned her awards like the Rashtriva Pratishtha Puraskar. National Achievers Award, Talent Award, and Global Talent Icon Award.

Debasmita's resilience after losing her father demonstrates her strength. With her mother's unwavering support, she continues to pursue her dreams, undeterred by societal challenges. Her journey shows that talent knows no bounds; with determination, one can excel in any field. Debasmita Sinha is not just a name but a symbol of possibility, showing young people—that the sky's the limit.



Debasmita's story is a powerful reminder that with passion, hard work, and the right support, dreams can be realized, no matter the obstacles. "Whether it's dance, modeling, singing, or academics, I don't want to limit myself. There's always more to learn, more to achieve," she says with conviction.







